

# CCG to continue the work of GEST

AS of December 2024, Morwell-based community organisation Gippsland Employment Skills Training (GEST) officially closed its doors.

Despite this, the delivery of their valuable services will continue, with Community College Gippsland (CCG) stepping forward to carry on the vital work that GEST has provided to Morwell and the surrounding region for more than 35 years.

Celebrating its 50th year of operation, CCG also has a rich history of delivering quality education services and is honoured to uphold the delivery of accessible training and employment services in the region.

The services to be provided in Morwell by CCG now include:

- **Work & Learning Centre:** providing essential training and placement support for job seekers, helping to connect participants with sustainable employment opportunities;
- **Learn Local:** delivering a multitude of courses that help people get the skills they need for study, work and life;
- **Vocational Education:** delivering an expanded

array of government-funded and nationally recognised courses.

The original staff whose dedication and experience have shaped the success of GEST will transfer over to the CCG, ensuring a smooth transition and continued support for learners and local employers.

"We are proud to continue the important work that GEST has delivered for over three decades. This is an incredible opportunity for CCG to further extend our support for the Gippsland community, providing education, training, and employment pathways that change lives," CGC Chief Executive, Dale Gemmell said.

"We look forward to working with local stakeholders and employers to build on GEST's legacy and ensure ongoing opportunities to create educational and employment pathways that address the local job market's needs."

The Work & Learning Centre is one of only five in Victoria, having been established in partnership with the Brotherhood of St Laurence and the support of the state government through Jobs Victoria.

For more information about CCG's programs, visit: [cgc.asn.au](http://cgc.asn.au), or call 03 5622 6000.



**New era:** Community College Gippsland Trainer and Employment Coach, Andy Cowling; program coordinator, Linda Barry; Morwell operations manager, Jennifer McCafferty; and trainer Josh Mongta. Photograph supplied

# Moe's mental health guru

By KATRINA BRANDON

WORKING with everyone and anyone, Latrobe Valley local Kylie Goulding is helping those struggling with mental health.

From NDIS patients to adolescents and all mental health needs, Ms Goulding's motive is Care, Connect, and Community.

Ms Goulding has 20 years' of experience in the mental health industry, and says the key to assistance is offering a calm, comfortable and confidential space for clients to manage what they are going through.

"The most important thing to remember is that taking time



**Local wellbeing:** Kylie Goulding is helping people in the Latrobe Valley deal with their mental health. Photograph supplied

isn't selfish - it's necessary to become the best version of yourself and live life to the fullest!" she said.

Within her services, Ms Goulding offers different techniques and strategies that clients can use to help manage their mental health in various situations, such as taking a long walk and breathing techniques.

Her services are provided through KG Counselling services, located in Shaw's Arcade, Moe (4/36 George Street).

To reach Kylie, go to: [kgcounselling.com.au](http://kgcounselling.com.au), or call 0493 862 839.

for yourself is essential to feel revitalised and empowered. Prioritising your wellbeing

# Cooking for great cause

GIPPSLAND Water employees cooked up a storm at Morwell Neighbourhood House's 'People's Kitchen'.

The initiative provides healthy home-cooked meals to local people experiencing food insecurity.

Six Gippsland Water employees worked alongside Morwell Neighbourhood House volunteers to prepare more than 100 meals.

Gippsland Water Managing Director, Sarah Cumming said Gippsland Water is focused on finding ways to provide meaningful community support beyond its essential services.

"We're always proud to see our people lending a hand and supporting the incredible work happening at the People's Kitchen," she said.

"It's a tangible way for them to give back to their community, connect with the team at Morwell Neighbourhood House, and maybe even learn a new recipe."

Morwell Neighbourhood House Manager and Latrobe City Councillor, Tracie Lund said Gippsland Water's support has had a positive impact.

"Having Gippsland Water join us in the kitchen today has been fantastic," Ms Lund said.

"Their support helps us continue providing nutritious meals to those in need, while also strengthening the sense of community that makes the People's Kitchen so special and so impactful."



**Helping hand:** Gippsland Water employees Blake, Phillip, Shin, Regan, Fintan, and Alyssa at the People's Kitchen at Morwell Neighbourhood House. Photograph supplied

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**AVAILABLE EVERY WEDNESDAY FROM 12 NOON**

### TRARALGON

- ▶ **Westend Supermarket** Grubb Avenue
- ▶ **Kats Fish & Chips** 31 Barker Crescent
- ▶ **Hazelbank Fish & Chips** 2 Hazelwood Road
- ▶ **Foodworks** 13 Hyland Street
- ▶ **Foodworks** 63 Henry Street
- ▶ **Traralgon Bowls Club** Cnr Gwalia Street and Liddiard Road
- ▶ **Traralgon News & Lotto** 51-53 Franklin Street
- ▶ **Manny's Market** 39 Post Office Pl, Traralgon
- ▶ **Traralgon Centre Plaza** Food Court

### MORWELL

- ▶ **Montague's Pharmacy** 19 Rintoull Street
- ▶ **IGA Morwell** 61 Bridle Road
- ▶ **Latrobe Valley Express Office** 21 George Street
- ▶ **Card Alley MidValley** MidValley Shopping Centre
- ▶ **United Service Station** Cnr McDonald Street and Princes Drive
- ▶ **Shell Service Station - Morwell West** Cnr Princes Drive & Jane Street
- ▶ **Shell Service Station - Morwell East** 226 Princes Drive

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